RESOURCES

AARP – www.aarp.org
Administration on Aging (AOA) – www.aoa.dhhs.gov
www.aginghelp.com
Alzheimer’s Association – www.alz.org
American Association of Homes & Services for the Aging (AAHSA) – www.ashsa.org
American Heart Association – www.americanheart.org
American Stroke Association – www.strokeassociation.org
Area Agency on Aging’s Eldercare Locator – www.eldercare.gov
Assist Guide Information Services (AGIS) – www.agis.com
www.bigtreemurphy.com (caregivers of Alzheimer’s patients)
www.Caring.com
www.caregiver.com
www.caregiver.org
Caring From a Distance (CFAD) – www.cfad.org
www.eldercareteam.com
www.thefamilycaregiver.com
Family Caregivers Alliance – www.caregiver.org
www.familycaregiving101.org
Home Caregivers Accreditation of American (HCAOA) – google for your area
www.homeinstead.com
www.longtermcare.gov
www.longtermcareliving.com
www.lotsofhelpinghands.com
Meals on Wheels Association of American – www.mowaa.org
Medicare – www.medicare.gov
Medicare Rights Center – www.medicarerights.org
www.myseniorcare.com
National Alliance of Caregiving – www.caregiving.org
National Association of Geriatric Care Managers -- www.caremanager.org
National Association of Professional Geriatric Care Managers – www.caremanagers.org
National Center for Assisted Living (NCAL) – www.ncal.org
National Center on Elder Abuse – www.elderabusecenter.org
National Institutes of Health (NIH) – www.nih.gov
National Institute on Aging (NIA)-- www.nia.nih.gov
www.nextstepincare.org
This Caring Home – www.thiscaringhome.org (award-winning website for best practices and home safety of dementia patients)
DRIVING PROGRAMS

CarFit:  www.carfit.org

Designed to give drivers a quick but comprehensive check of how well their cars are adjusted for them; also provides materials and resources addressing safety issues.

Roadwise Review:  www.seniordrivers.org

An online screening tool that allows seniors to measure eight functional abilities shown to be the strongest predictors of crash risk among older drivers; also testing physical and mental abilities that are important for safe driving.

DriveSharp Calculator:  www.driversharppnow.com

A driver-training “brain fitness program” designed to help drivers improve reaction time, cut crash risk, and feel more confident and alert while driving.

Drivers 55-Plus Self Rating Quiz:  www.aaafoundation.org/quizzes

An online self-survey.

Family Conversations With Older Drivers:  www.thehartford.com/talkingwitholdedrivers

The Hartford Financial Services Group and MIT AgeLab offers this resource offering worksheets for evaluating your parent’s driving, tips for talking about quitting driving and what to do if your parent refuses to stop driving.

www.aaaseniors.com and www.saffedrivingforalifetime.com

Designed to provide family members of older drivers with expert advice and safety tips for helping older drivers.

www.aaa.com and www.aarp.org/drive

Inexpensive driver refresher courses (may earn a discount on auto insurance)

www.driver-ed.org and www.aota.org/olderdriver

Pay to have a professional assessment done by a driver rehabilitation specialist.

www.howsmydriving.com and www.backseatguardian.com

Keeping watch on senior drivers, this program puts a big “How’s My Driving?” ID sticker on the back windshield so other drivers on the road can report improper driving, which can be emailed to you.